



# The Art of the Sand Tray

BE A PART OF MAKING  
A DIFFERENCE!

*When?*  
COMING SOON!

*What?*  
The Art of the Sand Tray  
Workshop  
6.0 Clockwork Hours

*Where?*  
Brighter Tomorrows Consulting  
1815 North Expressway Suite B.  
Griffin, GA 30223

*Contact:*  
Shannon M. Eller  
770-468-7424  
[shannoneller@comcast.net](mailto:shannoneller@comcast.net)  
[www.brighter-tomorrows.com](http://www.brighter-tomorrows.com)

*Brighter Tomorrows Consulting  
Presents:*  
**The Art of the Sand Tray**

Come learn the art of sand tray work. Sand tray is an integral part of the play room that allows children to work together with the therapist to uncover past hurts and traumas within a soothing, therapeutic medium. The natural medium of sand and water combine to allow children, adolescents, and traumatized adults to explore deep emotional issues within a safe, supportive environment.

Sand tray work gives the therapist the option of using the subconscious and unconscious worlds of the client to explore deep issues that do not always lend themselves to verbal expression. Sand tray is an effective play therapy intervention for comorbid presenting problems such as anger, rage, trauma, depression, abuse, and grief.

Sand tray techniques help the client voice the unspeakable and express the inexpressible, through play. Enter a safe, supportive world of miniatures, metaphors, and the collective unconscious in order to help your clients move past their layers of trauma and pain and access paths to healing and recovery through play.

**Facilitated By:**  
**Shannon M. Eller, LPC, LMFT, CPCS, CCS, RPT, CCAADC, CCDP-D, AAMFT  
Approved Supervisor**

Brighter Tomorrows Consulting been approved by NBCC as an Approved Continuing Education Provider (ACEP No.: 6626). Programs that do not qualify for NBCC credit are clearly identified. Brighter Tomorrows Consulting is solely responsible for all aspects of the programs.